

The Role and Path of Stage Practice in the Cultivation of Vocal Performance Ability

Zhao,Meitian

Taiyuan Normal University, Taiyuan, Shanxi, 030619, China

Abstract: Stage practice is crucial for the cultivation vocal performance ability. It plays a pivotal role in enhancing students' musical expression, improving performance skills, and fostering comprehensive stage literacy. This paper begins with the current situation stage practice in vocal music education, deeply analyzes the positive effects of stage practice in refining students' voice expressiveness, enhancing stage adaptability, and enriching emotional expression. In order to innovate and advance vocal music teaching, this paper also proposes practical suggestions such as optimizing curriculum settings, increasing performance opportunities, strengthening cross-cultural exchanges, and diverse performance forms.

Keywords: Stage practice; Vocal performance ability; Cultivation; Role; Path

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1. Introduction

Vocal performance is a composite art that integrates music interpretation stage presentation, and deep communication. In vocal music teaching, to cultivate students' performance strength, it requires not only a profound accumulation of classroom knowledge but also practical training the actual stage. As a key link in vocal music education, stage practice not only helps students apply the learned theory to practice but also can temper their artistic comprehensive quality psychological endurance. Although stage practice occupies a place in domestic and foreign vocal music education, it still faces many difficulties in actual operation. Therefore, how to maximize the role stage practice in vocal music education and explore new training methods has become a research focus in the field of vocal music education.

2. Current Situation of Stage Practice in the Cultivation of Vocal Performance Ability

At present, stage practice has become an part of global vocal music education, and its development trend is becoming increasingly diversified. However, the implementation effectiveness varies from place to place, affected by multiple factors such as educational system, resource allocation, and cultural background. In Europe and the United States, stage practice is highly valued and integrated into all stages of vocal music education. Conserv and art universities regard stage practice as a core course, providing students with rich stage experience through organizing concerts, opera performances, and other activities. These schools also cooperate with social and cultural institutions, allowing students to hone their skills in real performance environments and rapidly enhance their comprehensive performance abilities. In recent years, Chinese vocal music education has begun to attach importance to stage practice, and many universities have added relevant practical links. However, compared with Europe and the United States, there is still room for improvement terms of resource allocation and practical effects. The proportion of

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About the Author

Zhao,Meitian (1994-), female, Manchu, from Dalian, Liaoning, Taiyuan Normal University, lecturer, vocal teaching and research department, PhD, research direction: vocal teaching and performance research.

stage practice in the curriculum system is insufficient, and the distribution of resources is uneven, which limits the breadth and of practice. At the same time, the design of practical content also lacks pertinence, making it difficult to meet the diverse needs of students for ability training. the background of globalization, stage practice shows new trends. International exchange activities provide students with opportunities to cooperate with artists from different cultural backgrounds, and modern technologies such as virtual technology and online live broadcasting have also brought innovations to stage practice. Despite this, many challenges still exist, such as the allocation of teaching and practice time, the of personalized practical content, and the problem of uneven resources. In the future, Chinese vocal music education should strive to improve the systematicness and diversity of stage practice, national music elements, make use of modern technology, and comprehensively strengthen students' vocal performance abilities, laying a solid foundation for their future careers.

3. The Role of Stage Practice in the Development of Vocal Performance Ability

(1) Continuous improvement of voice and technique application

Stage practice is a crucial link in transforming vocal music teaching into practical combat capability. Classroom teaching focuses on the static environment of skill training, such as correction, breath control, and the exploration of vocal methods; while stage practice escalates to a dynamic scenario, testing students on how to comprehensively apply these techniques to the multi-dimensional challenges of actual performances. On the theater stage, students must adjust their volume and timbre to adapt to the acoustic characteristics of the spacious space, ensuring their voice is conveyed unimpeded to every audience member, while maintaining a close rhythm and pitch coordination with the accompaniment or orchestra. Through diverse performance forms such solo concerts, opera excerpts, and musicals, stage practice provides students with opportunities to attempt different styles and difficulty levels of vocal works. In opera performances, students need integrate movements and stage movements into their intense vocalization, achieving perfect coordination of breath and voice. Choir or ensemble singing requires students to master the balance of volume through practice, to achieve overall harmony, while precisely presenting the personalized charm of each voice part. This comprehensive application of skills not only solidifies students' basic skills but also helps gain profound artistic expressiveness in diverse musical practices.

(2) Enhancing stage adaptability and psychological quality

Stage practice is essential for cultivating students' stage adaptability psychological quality. Students who perform on stage for the first time often become nervous due to facing the audience, affecting the stability and fluency of their performance. However, repeated practice training, students will gradually overcome their nervousness and focus on musical expression. For example, by participating in small concerts multiple times, students will gradually become accustomed the audience's attention and learn to stabilize their emotions through breathing control and psychological adjustment. Stage practice can also exercise students' adaptability. Faced with sudden situations such accompaniment mistakes and sound equipment failures, students will learn to remain calm in actual performances, such as through body language to prompt the accompaniment or to resoluteness with a smile. This not only enhances students' stage performance but also cultivates their confidence and calm attitude in the face of challenges. The improvement of psychological is also reflected in students' performance style. Stage practice enables students to face the audience with a more natural and confident posture, thereby enhancing the expressiveness and charm of performance. The cultivation of this state is equally important for students' career development, helping them to be at ease in complex performance environments.

(3) Deepening emotional expression and artistic impact

Emotional expression is the essence of vocal performance, and the practice is undoubtedly an excellent platform to hone this skill. Under the spotlight of the stage, students can deeply experience the harmonious integration

of music and emotion. When interpreting songs, they need to subtly regulate the weight, tempo, and depth of their voice, as well as the rich changes in timbre, to convey the delicate profound emotions in the music; while interpreting dramatic works, they need to show the inherent tension and dramatic conflict of the music through the intense ups and downs of emotions. Practice also gives students precious opportunities to interact with the audience. Through the exchange of glances, the fleeting changes of expressions, and the flexible expression of the body, can directly convey emotions to the audience's hearts in their performances. Especially when interpreting folk music, integrating performance movements such as dance elements, which complement the voice expression, better highlight the unique charm and profound cultural heritage of folk music. This integration of emotion and culture not only deeply moves the audience but also enhances students' pride and identity national art. Repeated stage practice enables students to gradually understand the balance between technique and emotional expression. At the beginning of learning, students often indulge in the carving of details and ignore the investment of emotions, while stage practice is like a mirror, providing space for self-observation and adjustment. For example, by reviewing the performance, students can insight into their own shortcomings in emotional expression and explore the perfect integration of technique and emotion in repeated practice. Ultimately, students will truly achieve the profound convey of music and heart-to-heart communication on the stage with more full emotions and strong artistic appeal.

4. The Path of Stage Practice in the Cultivation of Vocal Performance Ability

(1) Optimizing course design and stage segments

Traditional vocal music classes focus on technique imparting and theoretical teaching, yet overlook the value of stage practice. However, stage practice is crucial for cultivating students comprehensive performance ability and artistic expression. Therefore, it is necessary to move stage practice from the periphery to the core of vocal music teaching, and achieve the organic combination classroom teaching and stage practice through carefully designed courses. In the course planning, vocal music teaching can be carried out in stages, gradually enhancing students' stage adaptability. the initial stage, through solo singing and simple repertoire display, students' intonation, rhythm and basic expressiveness are honed; entering the intermediate stage, increasing du, choirs and other multi-part exercises, through teamwork, to improve students' coordination and overall grasp of musical works; in the advanced stage, through challenging opera excerpts complete concert performances, to fully exercise students' comprehensive abilities and stage expressiveness. At the same time, the courses should be interspersed with phased displays, as small solo concerts, class report performances and annual vocal music competitions, etc., which not only provide students with performance platforms, but also help them discover their shortcomings and their skills through audience feedback. Auxiliary courses such as stage performance skills and physical training can be added to help students master the stage art more comprehensively and lay a solid for future performances. In order to improve the teaching effect, modern educational technology can be combined to innovate teaching resources. For example, recording students' stage practice for their-analysis, or using virtual stage technology to simulate a variety of performance environments, to help students adapt to the changing scenes in actual performances in advance. These measures will greatly students' interest in learning and significantly improve their stage adaptability.

(2) Actively strengthen performance opportunities and school-enterprise cooperation

Universities should actively seek external cooperation, with local art troupes, theaters, and music festivals to provide students with a broad performance stage. For example, allowing students to participate in local opera house performances even if only in small roles or as part of the chorus, can give them hands-on experience of professional stage operations and performance processes. This cooperation model not only h students' performance skills but also gives them the opportunity to learn from professional teams, gaining valuable industry experience and professional quality. Within the campus, a variety of vocal music activities are also indispensable. Such as teacher-

student concerts, themed music festivals, and interdisciplinary art exhibitions, which not only provide students with a platform to showcase their talents also cultivate their confidence and stage charm through interaction with the audience. By organizing projects such as teacher-student co-creation of musicals and original songs, students' and team spirit can be further stimulated. International exchanges are key to broadening students' horizons and enhancing their comprehensive abilities. Schools should establish close ties with international music competition organizations, cross-cultural art exchange projects, and overseas art universities to create an international-level performance stage for students. Whether it is participating in overseas competitions, observing art festivals, or performing on the same stage with internationally renowned musicians, these experiences will enhance students' artistic attainments in the blending of diverse cultures, broaden their internationalizations, and help them deeply understand the musical expression of different cultural backgrounds. To ensure that these practical opportunities can play the maximum effect, schools also need to establish a feedback system. For example, recording and analyzing each performance and providing precise evaluations and improvement suggestions by instructors. At the same time, students are encouraged to learn from feedback of the audience and other performers, making better preparations for future performances. This model of combining practice and reflection will effectively enhance students' comprehensive stage quality and vocal music strength.

(3) Effective focus on the stage presentation of ethnic culture

Ethnic vocal music, as a splendid treasure of Chinese culture, not only contains rich cultural connotations but also serves as a powerful expression of the national spirit. In vocal music education, stage practice has become a key link showcasing the charm of ethnic music. Through this practice, students can not only deepen their recognition and understanding of traditional culture but also master the singing skills and performance essence ethnic vocal music with precision. Teachers can carefully select representative ethnic vocal music works, such as Mongolian long-tune and Tibetan folk songs, to lead students to perform stage and deeply experience the unique emotions and musical charm of various regional cultures. Stage practice is, in essence, a journey to explore the soul of ethnic music. Taking Mongolian long-tune as an example, its melodious melody and broad breath together outline the boundless artistic conception of the nomadic culture; while Tibetan folk songs with their unique tremolo technique, convey a deep reverence for nature and religion. Students need to deeply understand the cultural stories and spiritual connotations behind the works and fully the emotions and aesthetic artistic conception in the music through the stage. To make traditional ethnic music glow with new brilliance, modern creativity and diversified cooperation can be skillfully integrated stage practice. For example, ethnic vocal music can be organically combined with modern dance, drama and other elements to inject new ideas into traditional culture. At the same, with the help of modern technical means such as lighting and video, an immersive sensory experience can be brought to the audience, and students can also understand the artistic charm the perfect integration of tradition and modernity. Through the platform of international artistic exchanges, the stage presentation of ethnic culture can be widely promoted. Students' performance of vocal music in activities such as international music festivals not only allows the world to appreciate the splendor of traditional Chinese music but also broadens their horizons and hones ability to disseminate and exchange culture in cross-cultural exchanges.

(4) Combining modern technology to enhance practical effectiveness

The rapid development of modern technology has brought unprecedented possibilities stage practice, greatly enriching the forms of vocal music teaching and performance, making them more diverse, intelligent, and efficient. In recent years, virtual stage technology () and augmented reality technology (AR) have attracted significant attention in the field of art education. These technologies create virtual training environments for students, helping them to adapt various stages in advance. For example, with the help of VR technology, students can experience different stage layouts and acoustics, learning how to adjust sound transmission and movements in a changing environment. This not only reduces students' tension when facing unknown stages but also enhances their

confidence and adaptability. The application of recording technology in teaching become indispensable. In stage practice, teachers record students' performances to help them review their singing and performance, and discover deficiencies such as intonation, rhythm, or emotional. Students continuously improve their performance through self-reflection and teacher feedback. At the same time, recording technology can also be used for case teaching, allowing students to learn skills and experiences from excellent performances. Online live streaming allows students' performance results to be widely disseminated, enhancing their artistic influence. For example, through online live streaming concerts or stage performances, students can not only gain motivation from a broader social evaluation but also collect multi-dimensional feedback through real-time interaction. This multi-evaluation method students with comprehensive improvement references. The application of big data and artificial intelligence in vocal music stage practice is also increasingly evident. Big data analysis can generate personalized learning reports, students to clarify their strengths and weaknesses; while artificial intelligence can monitor intonation, rhythm, and emotional expression in real-time, providing improvement suggestions. These intelligent means not improve teaching efficiency but also provide scientific support for students' artistic growth.

5. Conclusion

Stage practice is crucial for the cultivation of vocal performance abilities. By perfecting the curriculum system, increasing performance opportunities strengthening the inheritance of national culture, and ingeniously utilizing modern technology, it is possible to more efficiently improve students' performance skills and comprehensive quality. Looking to the future it is necessary to continuously promote the deep integration of stage practice in vocal music education, so as to lay a solid foundation for the cultivation of vocal music talents with both vision and national confidence.

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